



JUNE

Summer

CMDHD SCHOOLS

- [COVID-19](#)
- [CMDHD Website](#)
- [Quick Links for School](#)
- [Community Resources](#)

TO OUR FRONTLINE EDUCATORS:

The end of the year has arrived and may we say, you have done an amazing job. [A special note from CMDHD Staff.](#)

CMDHD strives to continue to provide you and your students with effective wellness strategies to promote healthier families and communities. This month, these strategies focus on getting ready for Summer Break, including challenges – such as healthy eating, hygiene, and taking care of the earth. Also, consider connecting with other community programs and supports for you and your students! Please reach out if you have suggestions about future wellness strategies CMDHD can provide to support your school health initiatives.

RESOURCES & ATTACHMENTS

- Sunscreen Safety (See Attachment)
- [Camping/Wildfire Safety](#)
- [House Fire Safety Tips](#)
- [Water Safety Tips](#): Includes free online safety courses
- [Tick Prevention](#)
- [Children's Tick Education](#)
- [Meaningful End of the Year Activities!](#)
- [Emergency Preparedness](#)

COMMUNICABLE DISEASE REPORTING

No communicable diseases? With no active cases, no need to report weekly to CMDHD until October 1st. If you do develop cases of any of the [reportable diseases](#) (list starts on page 11) you are still required to report to CMDHD. All COVID-19 cases are required to be reported to CMDHD via the [reporting form](#).

SCHOOL NEEDS ASSESSMENT SURVEY

How can CMDHD help your school?

Click the link below at any time with questions, concerns, or ways CMDHD may be able to help!

[CMDHD School Survey](#)

**Due to the ever-changing needs of the schools, this link will be open for the rest of the school year to be a quick way for you to tell us at any time how we can support you. **

COMMUNITY PROGRAMS

- Ten16: [Substance Use](#)
- [MSU Extension](#): 4H, Wellness programs
- Community Resources: [2-1-1](#)
- Affordable Connectivity Program- [Reduction in the cost of internet services](#)
- Isabella County- Isabella County Restoration House (Please see attached information)

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Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities

Amelia Kasper

**Health Resource
Advocate**

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Summer Services Program By ICRH

May 12, 2022 through September 17, 2022

To answer the needs of the homeless residents of Isabella County, ICRH is pleased to announce our Summer Services program. The program will consist of and is limited to the following:

- Only available through a referral from an agency, service provider, or local church
- Is available for Isabella County residents only
- Hours of Operation – Weekly on Thursday and Saturday from 11:00 am to 3:00 pm
- Lunches will be available on a first-come-first-serve-basis
- Shower and laundry use must be scheduled, no laundry can be left overnight
- Computer, WIFI connection, guest restroom, and casual space

Referrals are required to enroll in the Summer Shelter Program. Referrals should be emailed to icrh@icrhouse.org. More information and the referral form can be found at our website, www.icrhouse.org.

Isabella County Restoration House

120 S. Pine Street
Mt. Pleasant, MI 48858

Shelter Phone: 989-400-4126
Administration Phone: 989-824-1207
Email: icrh@icrhouse.org
www.icrhouse.org

A HEALTHY & SAFE SUMMER STARTS WITH:



SHADE

UV Rays are strongest during midday. Use this time to play indoors!

HEAD & FACE PROTECTION

Wear a wide brimmed hat to provide a shield by casting a shadow around face, ears, eyes, and neck.



SUNGLASSES

Look for sunglasses that wrap around and block as close to 100% of UVA and UBA rays as possible.

SKIN CHANGE AWARENESS

Perform a full-body skin exam at least once a month to stay aware of any changes with your moles.



SUNSCREEN

Use SPF 30 or greater. Reapply at least every 3 hours or after prolonged exposure to water.



Central Michigan District Health Department
www.cmdhd.org



Isabella County Restoration House Referral for Summer Shelter Program

ICRH Summer Shelter Program will consist of and be limited to the following:

- Only available through a referral from an agency, service provider, or local church
- Is available for Isabella County residents only
- Hours of Operation – Thursday and Saturday from 11:00 am to 3:00 pm
- Lunches will be available on a first-come-first-serve basis
- Shower and laundry use must be scheduled, no laundry can be left overnight
- Computer, WIFI connection, guest restroom, and casual space

Referrals are required to enroll in the Summer Shelter program. ICRH will NOT be providing overnight shelter as a part of the Summer Shelter program. Individuals and families only need to be referred to the program once. Once they are accepted and enrolled in the Summer Shelter program, they may visit the Day Shelter on days when it is scheduled to be open. More information can be found at our website, www.icrhouse.org, or on our Facebook page. Please send all referral forms to icrh@icrhouse.org prior to the guest utilizing services.

Individual/Family Information

Individual or Head of Household _____

Family Members:

Name	Age
_____	_____
_____	_____
_____	_____
_____	_____

Contact Phone Number _____

Contact Email _____

Address of last residence _____

Referring Partner Information

Date of Referral _____

Agency/Church/Referral Name _____

Agency/Church/Referral Address _____

Contact Name _____

Contact Phone Number _____

Contact Email _____

Reason for Referral (must meet one of the following definitions as provided by HUD):

- | | |
|--|---|
| <input type="checkbox"/> Lacks a fixed, regular, and adequate nighttime residence | <input type="checkbox"/> Fleeing, or is attempting to flee, domestic violence |
| <input type="checkbox"/> Will imminently lose their primary nighttime residence | <input type="checkbox"/> Living on the streets |
| <input type="checkbox"/> Has experienced persistent instability as measured by two moves or more during in the preceding 60 days | <input type="checkbox"/> Exiting an institution |
| | <input type="checkbox"/> Has a court ordered eviction notice |