

# The Aggie Express

A publication of the Beal City Public Schools

February, 2013

# School Board Officers Elected

The following school board officers were chosen at the annual Organizational Meeting held on Monday, January 21, 2013.

Terry Hutchinson
Rod Cole
Denise McBride
Robert Pasch
Jane Finnerty
Ron Neyer
Kari Rojas

President
Vice President
Vice President
Treasurer
Treasurer
Trustee
Trustee
Trustee

The School Board meetings are held on the third Monday of every month unless otherwise noted. The start time for this year's meetings will be at 7:00 p.m. This year's meeting schedule is as follows:

Monday, March 18, 2013 7:00 p.	m.
Monday, March 18, 2013 7:00 p.	
Monday, April 15, 2013 7:00 p.	.m.
Monday, May 20, 2013 7:00 p.	.m.
Monday, June 24, 2013 Budget Hearing 6:30 p.	.m.
Monday, June 24, 2013 Regular Meeting 7:00 p.	.m.
Monday, July 15, 2013 7:00 p.	.m.
Monday, August 19, 2013 7:00 p.	.m.
Monday, September 16, 2013 7:00 p.	.m.
Monday, October 21, 2013 7:00 p.	.m.
Monday, November 18, 2013 7:00 p.	.m.
Monday, December 16, 2013 7:00 p.	.m.
Monday, January 20, 2014 Organizational Meeting 6:30 p.	.m.
Monday, January 20, 2014 Regular Meeting 7:00 p.	m.

# 2013-14 KINDERGARTEN ENROLLMENT

SPREAD THE WORD!! Mayes Elementary School will be holding a parent informational meeting for NEW kindergarten students for the 2013-14 school year. This meeting will take place on Tuesday, March 19th from 6:30-7:30 p.m., in the Beal City Public School cafeteria. Our kindergarten teachers will be registering students and providing an overview of the kindergarten curriculum and answering questions for parents. We will also hold our annual Kindergarten Round-Up on Tuesday, March 26th. If you have any questions regarding either of these upcoming events, please call the elementary office at 644-2740.

### MARK YOUR CALENDAR

February 4	PTA Meeting, 6:30 pm in Mrs. Davis' classroom
February 5	4th Grade Scoliosis Screening with Dr.Whitford
February 14	Valentine's Parties
March 4	PTA Meeting, 6:30 pm in Mrs. Davis' classroom
March 7	Parent-Teacher Conferences, 5:00-8:00 pm
March 19	Kindergarten Round-Up Parent Meeting, 6:30 pm
March 26	Kindergarten Round-Up Student Testing, scheduled @ Parent Mtg.
March 28	½ Day of School/End of Marking Period

# **Seeking Bids**

Beal City Public Schools is seeking bids for the construction of press boxes at the baseball and softball fields. For bidding information please see John Graham in central office at 3180 W Beal City Rd., Mt. Pleasant, MI 48858, between 7:30 am to 3:00 pm Monday thru Friday. Bids will be due by March 8th, 2013. Mark all bids as press box project.

# **Board Briefs**

The following was approved at a regular board meeting on January 21, 2013:

- General Fund payments of \$330,340.62, Hot Lunch payments of \$13,302.71, and Athletic Fund payments of \$5,606.63.
- The Capital Projects Plan as presented.
- The Boiler Replacement Project Engineering Bid from McMillan & Assoc. for \$9,800.00 as presented.
- The Neola New, Revised, and Replacement Policies regarding the Best Practices and Personal Communication Devices as presented.
- The following coaching recommendations: Kristin Schafer JV Softball, and Joe Haupt Voluntary Assistant 8th Grade Girls Basketball.

# BEAL CITY BANDS



"...IN HARMONY WITH THE HOME AND COMMUNITY..."

## THANK YOU TO OUR GENEROUS COMMUNITY

The Beal City Bands thanks you all for supporting our program with over \$3900 in profit from this year's Cookie Dough Sales! These funds are already being put to work in the classroom, benefitting all our students! Thank you so much for supporting the musical endeavors of our students!



## **SOLO & ENSEMBLE**

We have thirteen events headed to High School Solo & Ensemble this year -with more solos than ever before! We have a number of middle school students showing interest in solo and ensemble as well - very exciting developments in the band room!

High School: Sat, February 16 - Owosso HS Middle School: Sat, April 13 - Perry HS

## **STUDENT TEACHER!**

We welcome Mr. Tom Course to the Beal City Bands this semester. Mr. Course distinguished himself as an accomplished horn player and guitarist during his tenure at CMU. He originally hales from St. Clair Shores, a suburb of Detroit. He has made a tremendous impact thus far on our students; we are really enjoying our time with him and look forward to a great semester!

# CMU JAZZ WEEKEND

The Beal City Jazz Band will be making their annual appearance at the CMU Jazz Weekend. Our performance will occur this year on the stage of Bovee UC Auditorium, Friday, February 8 at 8:50AM. Join us for some great music on the big stage!

# FESTIVAL WINDS CONCERT

SUNDAY, FEBRUARY 24 BEGINNING AND MIDDLE SCHOOL BANDS - 4PM

CONCERT BAND - 5PM

CLINICS FOLLOW EACH PERFORMANCE BY MR. CARL GIPPERT, VETERAN TEACHER AND MSBOA ADJUDICATOR





# Beal City



Baseball/Softball

# 9 Pin No-Tap Bowling Tournament

Sick of being inside with the long cold winter?!?!?! Come out of the house and have a blast while supporting the Beal City High School Softball and Baseball programs while we gear up for a great 2013 spring season!! Go Aggies!!!!

# Saturday March 2nd, 1:00pm at Riverwood Resort

Cost: \$20 per person
Winners are not based on bowling ability!
There will also be prize raffles and 50/50 drawings.

Names:				
Contact Number:				
Payment: \$	Check (#	)	Cash	

All proceeds will go towards Beal City High School baseball and softball programs.

# SPAGHETTI DINNER

Time: 5:00 to 7:00 Date: Thursday March 21, 2013

Place: Beal City Cafeteria

\*All You Can Enjoy\*

Cost: \$7.00 for adults, \$5.00

for kids ages 5-12, Pre-

schoolers Free



Meal includes spaghetti and meat sauce, salad, drink (milk, lemonade, or coffee) and dessert.

Hosted by the Beal City Varsity and JV baseball teams.



# **Helping Children Cope with Tragedy**

oung children shouldn't have to learn about tragic events, but they do. Some are exposed to disasters firsthand, as victims. Others discover the tragedies by watching the news or overhearing adults or other children discussing the events. It is a sad fact that all children need to know how to deal with tragic events—and their parents and caregivers need to know how to help them cope.

If Your Child Is the Victim of a Disaster:

Try to stay calm. Children often react the way they see adults react. As difficult as it is, it is very important for you to remain calm and reassuring, and to let your children know that, no matter what, they will be taken care of.

**Explain, but don't provide unnecessary details.** Clearly, children need to know the truth, but they don't need to hear about all of the consequences. Give them the facts that they need to know at that moment, but don't share with them your fears about the future.

Make time to talk to your children. In disastrous situations, adults are often so preoccupied with the immediate needs that they forget their children are aware of what's happening. Make sure they know they can talk to you, and that you'll spend the time they need answering their questions and comforting them.

Get counseling. It is important to help children cope with serious life-changing events. Talk with the school counselor about the situation, then set up a time for your children to come in and "vent." Follow-up appointments with the counselor or other experts can help your children overcome their fears.

If Your Child Is Aware of a Tragic Event:

**Limit TV coverage**. Because children can be overwhelmed with the tragedy, limit their TV exposure of the event. Instead, check in periodically with the news, and focus on finding ways to distract your children with other activities.

Be extra comforting. Even if they don't seem

to be alarmed, children who are aware of disastrous events can absorb the trauma and be quietly disturbed. Make extra time for quiet activities with your children, such as reading or taking a walk; and give them plenty of hugs.

Watch for behavior changes. Children often don't talk about being afraid, but their behavior can be a clue that they're scared. They might have a hard time

sleeping or might wake up from a bad nightmare. Sometimes, they adopt behaviors, like thumb sucking, bedwetting, or baby talk. Others get irrationally angry or sad, and many withdraw and stop socializing. If you see any of these behaviors after a traumatic event, it means your child needs extra help and comfort.

Make sure they know that there are people in charge who are helping. Children need to know that things will eventually be okay again and that there are adults in charge who are helping to make it right. Talk to your children about the people who are helping resolve the consequences of the disaster, and share your admiration with them about the great work these people are doing.

Do something for others. One way to help children cope in the aftermath of a disaster is to find a way, through your community, to help those affected. Schools, churches, temples, synagogues, and organizations like the Red Cross are great places to go to find out how you and your children can help.





## January 28 – February 1, 2013

**Monday:** Breakfast – french toast sticks or cereal, syrup, cheese stick, fruit and milk. Lunch - bbq pork/bun or popcorn chicken, dinner roll, green beans, garden bar, fruit and milk.

**Tuesday: Breakfast** – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** - chili or beef/cheddar on a bun, crackers, slice of bread/butter, broccoli, fruit and milk.

**Wednesday: Breakfast** – granola bar or cereal, yogurt, fruit and milk. **Lunch** – sausage bagel pizza or scrambled eggs/ham, hashbrown, muffin, fruit, juice and milk.

**Thursday: Breakfast** – bagel sausage pizza or cereal, fruit, and milk. **Lunch** – nachos/meat and cheese or totally tacos, refried beans, garden bar, fruit and milk.

**Friday:** Breakfast – pretzel/cheese or cereal, yogurt, juice and milk. Lunch – Big Daddy's cheese pizza, carrots, garden bar, fruit and milk.

#### February 4 - 8, 2013

**Monday: Breakfast** – cinnamon bun sticks w/icing or cereal, yogurt, fruit and milk. **Lunch** – chicken strips w/breadstick, cucumbers, garden bar, fruit and milk.

**Tuesday: Breakfast** – breakfast hot pocket or cereal, fruit, and milk. **Lunch** – corn dog nuggets or hamburger/bun, sweet potato fries, garden bar, fruit and milk.

**Wednesday: Breakfast** – scrambled eggs/ham or cereal, hashbrown, fruit and milk. **Lunch** – chicken quesadilla or chili cheese wrap, refried beans, garden bar, fruit and milk.

**Thursday: Breakfast** – breakfast pizza or cereal, fruit and milk. **Lunch** – hot turkey sandwich with mashed potatoes and gravy or meat combo/bun w/cheese, garden bar, fruit and milk.

**Friday:** Breakfast – muffin or cereal, sausage links, juice and milk. Lunch – breakfast pizza or breakfast hot pocket, hashbrown, cheesestick, fruit and milk.

#### February 11 - 15, 2013

**Monday:** Breakfast – french toast sticks or cereal, syrup, cheese stick, fruit and milk. Lunch – stuffed crust pepperoni pizza, vegetable, garden bar, fruit and milk.

**Tuesday: Breakfast** – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – sloppy jo/bun or grilled chicken sandwich, vegetable, garden bar, fruit and milk.

**Wednesday: Breakfast** – granola bar or cereal, yogurt, fruit and milk. **Lunch** – grilled cheese sandwich w/tomato soup or chicken patty/bun, corn, garden bar, fruit and milk.

**Thursday: Breakfast** – bagel sausage pizza or cereal, fruit, and milk. **Lunch** – heart-shaped chicken nuggets, potato smiles, dinner roll, salad bar, fruit and milk.

**Friday: Breakfast** – pretzel/cheese or cereal, yogurt, juice and milk. **Lunch** – scalloped potatoes/ham w/dinner roll or fish sandwich, vegetable, garden bar, fruit and milk.

#### February 18 - 22, 2013

**Monday:** Breakfast – cinnamon bun sticks w/icing or cereal, yogurt, fruit and milk. Lunch – tangerine chicken w/rice or pork patty sandwich, stir fry vegetables, garden bar, fruit and milk.

**Tuesday: Breakfast** – breakfast hot pocket or cereal, fruit, and milk. **Lunch** – hot dog/bun or hamburger/bun, vegetable, garden bar, fruit and milk.

**Wednesday: Breakfast** – scrambled eggs/ham or cereal, hashbrown, fruit and milk. **Lunch** – taco or chicken fajita, refried beans, garden bar, fruit and milk.

**Thursday: Breakfast** – breakfast pizza or cereal, fruit and milk. **Lunch** – spaghetti w/meat sauce or chicken ranch salad, garlic bread, vegetable, garden bar, fruit and milk.

**Friday:** Breakfast – muffin or cereal, sausage links, juice and milk. Lunch – macaroni & cheese or bbq beef/bun, vegetable, garden bar, fruit and milk.

New federal regulation changes to our menu: All students must take a fruit or vegetable with a hot lunch. Changes to the menu may be occurring over the next few months. See new Federal Regulations in the Aggie Express. Note: Menus are subject to change without notice. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Ave, SW, Washington D.S. 2025-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Beal City Public Schools 3180 W Beal City Rd Mt. Pleasant, MI 48858

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