



9th Grade Health Syllabus



Beal City Public Schools 2014-2015 School Year

Mr. Fletcher

Email: cfletcher@bealcityschools.net

Course Description:

This course is designed to provide information needed to make important decisions about health, wellness, and individual lifestyle. Topics related to health such as personal health and wellness, social and emotional health, safety, nutrition and physical activity, alcohol/tobacco/other drugs, HIV and STI's Prevention, and sexuality education will be discussed. Emphasis will be placed on the student's acquiring knowledge and assuming responsibility for one's own health.

Goal:

The overall goal of this course is for students to learn about a wide variety of health topics and be able make positive health decisions for themselves in the future based on the information that is presented to them.

Required Materials:

Includes:

Text Book, Pencil/Eraser, Paper, Binder/Folder, Homework, Daily Assignments.

Expectations:

Students need to come prepared each day with their text book, pencil, paper, and any daily assignments. Each student must stay on task and focus on the topic being discussed. If a student finishes early with his/her daily assignments, there may be enrichment activities to work on related to the topic being discussed. Students will be respectful to school property and to others in this classroom.

Grading Scale:

A	93-100%	C	73-76%
A-	90-92%	C-	70-72%
B+	87-89%	D	67-69%
		+	
B	83-86%	D	63-66%
B-	80-82%	D-	60-62%
C+	77-79%	E	59-Below

Missing/Late Assignments:

Missing Assignments– All missing assignments will immediately be recorded with the student receiving a zero.

Late Assignments– Late assignments will be accepted anytime during the marking period and students will receive 50% of their earned score. It is very important that students hand in all assignments because having a zero on an assignment can be very detrimental to their overall grade.

Tardies:

You must be in your seat and prepared for class before the bell finishes ringing. You must have what you need on your desk and be ready for class. If you are not in your seat or prepared by the time the bell finishes ringing, you will be counted tardy. This is a good time for students to work on their assigned vocabulary words.

Absences:

Students are responsible for any make-up work they may have missed due to being absent. If a student knows of an upcoming absence he/she must make prior arrangements with Mr. Fletcher as soon as possible.

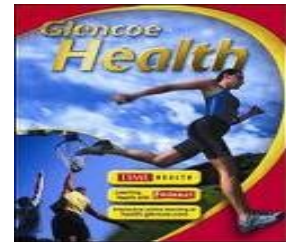
Classroom Rules:

Include:

- 1) Be on time!!!
- 2) Be respectful and considerate to others
- 3) Bring all required materials to class
- 4) No cell phones/iPods
- 5) No food or drinks in classroom. Water bottles are acceptable, but must be left on wooden desks away from any computers.

Text Book:

Glencoe Health



Extra Credit:

Extra Credit will be offered three times throughout the Semester for a maximum of 20 points.

- 1) **Parent Signed Syllabus**– Must be turned in before the first Friday of the marking period for a total of 5 extra credit points.
- 2) **Tissue Boxes**– Students are allowed to bring in a maximum of two tissue boxes at any time throughout the semester. Each tissue box will be worth a total of 5 points for a maximum of 10 points.
- 3) **Nutritional Fact Labels**– Anytime throughout the semester students may bring in a maximum of 5 nutritional fact labels. Each food label turned in will result in 1 point of extra credit. Students may earn a maximum of 5 points of extra credit throughout the semester.

Tentative Schedule:

Unit 1– Personal Health and Wellness

Week 1	Week 2	Week 3
Chapter 1	Chapter 14	Chapter 24/28

Unit 2– Nutrition and Physical Activity

Week 4	Week 5	Week 6
Chapter 4	Chapter 5	Chapter 6

Unit 3– Social and Emotional Health

Week 7	Week 8	Week 9
Chapter 7	Chapter 8	Chapter 9

Unit 4– Safety

Week 10	Week 11	Week 12
Chapter 13	Chapter 27	Supl. Materials

Unit 5– Alcohol, Tobacco, and Other Drugs

Week 13	Week 14	Week 15
Chapter 21	Chapter 22	Chapter 23

Unit 6– HIV and Other STI's Prevention

Week 16	Week 17
Chapter 25	Supl. Material

Unit 7– Sexuality Education

Week 18	Sexual Education Curriculum is taught by Shari Evans (Director of Willing to Wait)
Willing to Wait	

Mr. Fletcher's Final Message to Students:

I look forward to working with each of you this school year. I will do my best to help each and every one of you achieve success in Health Class. Please feel free to ask questions, or request extra help. I am available at lunch, after school, and during my planning to talk or meet with you and your parents as long as you make arrangements in advance.

Let's all work together for an EXCELLENT year!

(Cut on dotted line)----- (Cut on dotted line)

Extra Credit- Due by first Friday in the marking period (5 Points)

By signing I certify that I have read and understand the Health Syllabus and I am fully responsible for my actions and behavior.

Student Printed Name _____.

Student Signature _____.

Parent Signature _____.