BEAL CITY PUBLIC SCHOOLS 3180 W. Beal City Road Mt. Pleasant, MI 48858



NON-PROFIT U.S. POSTAGE PAID Mt. Pleasant, MI 48858 Permit No. 35

The Aggie Express

A publication of the Beal City Public Schools

www.bealcityschools.net

September 2009

Open letter to the community...

Dear Students and Parents of Beal City Public Schools:

Welcome to Beal City Public Schools for the 2009-2010 school year. This will be an outstanding opportunity for each of us to contribute toward elevating our school to one of the best in the state. Your commitment to this is critically important. A school's curriculum and programs can only be effective with the combined support and effort of the students, parents, staff and the community.

We are fortunate to have a beautiful facility that you must have respect for and take pride in. Our staff is caring, dedicated and experienced. You must provide the final and most important components (below) to ensure that teaching and learning does not stop here at Beal City Public Schools.

Students – as you begin each day, please do the following:

- Be FAIR, Use COMMON SENSE, good CIT-ZENSHIP to conduct yourselves as ladies and gentlemen at all times.
 - Be CARING and set high expectations and stan-

dards for yourself. Be willing and ready to LEARN.

- Treat others, as you would like to be treated, with RESPECT.
- Be willing to accept RESPONSIBILITY for your actions & your education.
- Be HONEST and TRUSTWORTHY with yourself and others.

Parents – as your child begins each day, please do the following:

- Give them LOVE.
- Give them support and encouragement.
- Teach them about the above components.
- Teach them how to achieve the above components.
 - Be there for them.

If you have any questions, comments, and/or concerns please feel free to contact me by phone at 989-644-3901 or by email at wchilman@edzone.net.

Good Luck and Have a Great Year!

With "Aggie" Pride,

William C. Chilman IV, Superintendent

Beal City Public School, Go Aggies

Grand Marshall Nominations

The Beal City Student Council is accepting nominations for this year's Homecoming Grand Marshall. Do you know a community member that has volunteered his or her time and efforts to our community in order to help make Beal City the great place it is today? Would you like to see this person honored for all of their hard work? If so, please submit their name and a brief explanation telling us why you believe this person should be our 2009 Grand Marshall no later than September 18, 2009.

Grand Marshall nominations can be given to any Student Council member or our advisors. Email nominations can be sent to julieanne_christensen@yahoo.com, or you may contact Cay Marchiando at 989-644-3780.

Thanks again for your support!

Beal City Student Council

PTO News

PTO Meetings are held the first Monday of each month at 6:30 p.m. in the Title classroom. We invite everybody to join us.

The PTO will be selling Aggie spirit items this year at all home football games with the exception of Homecoming. Stop by and show your Aggie spirit while supporting the Beal City PTO. Some of the items for sale will be Aggies tattoos, pom pons, glow necklaces and bracelets, football bead necklaces and much more.

If you have any questions, please contact:

President Terry Lambourn 989-775-8109

Sec/Treasurer Shana Puhlman 989-621-0675

This is a reminder to all students and families attending Mayes Elementary School. Flip flops, Wheelies/Heelies and backless sandals are not appropriate footwear in school due to safety concerns. Shoes worn to school also must not have a heel that exceeds one inch. Bare midriffs, tank tops and sleeveless shirts less than two inches wide on the shoulders are not acceptable. For further Dress Code guidelines, please refer to the 2008-09 Mayes Elementary Parent/Student Handbook. Thank you for your cooperation.

Retirements

On behalf of the Board of Education, Administration and Staff of Beal City Public Schools, we extend a thank you and congratulations to Gail Miller for her 19 years of service and John Haupt for his 14 years of service to the Beal City School District.

Gail has retired from the classroom and the girl's varsity track coach position. We wish her a bright and happy retirement. May her life during retirement be rich and full. Thank you once again Gail for all you have done for Beal City Public Schools.

John is retiring as a full time bus driver and has played an important role for our athletic teams as he has transported them safely to away events. We congratulate John on his retirement and wish him well, and look forward to him continuing to take trips as a sub bus driver.

Vacation Powerbook & Summer Counts Awards

During the first week of school starting September 8, students or parents can redeem COMPLETED Vacation Powerbooks or Summer Counts! Workbooks at the elementary school office for a reward provided by a grant. We feel students should be recognized for their diligence and hard work over the summer. Last year, students received a FREE PASS for themselves and their families to attend the Homecoming Varsity Football game.

Student Drop Off Procedures

When dropping children off at Mayes Elementary School, please encourage them to use the crosswalk by the front entrance. It is difficult to see students when they are cutting through the parking lot and walking in between buses. We have had some close calls in the past and hope to avoid these situations in the future. Vehicles are also prohibited from parking in the yellow Bus Loading Zone in front of the building-even on a temporary basis. This, again, presents a hazard to children, bus drivers and other vehicles. We do appreciate those of you who follow these safety procedures.

PARENT PIZZA NIGHT-WRITE STEPS INTRODUCTION

Parents of Mayes Elementary students are invited to attend a parent night on Thursday, October 15 from 5:30 – 7:00 p.m. in the Media Center. This will allow us to introduce parents to our NEW "Write Steps" writing curriculum. In addition to focusing on the Michigan Department of Education Grade Level Content Expectations (GLCEs) for English Language Arts, the program will introduce ideas for assisting children with writing at home. Pizza and cookies will be provided in addition to free babysitting for this evening event. We are excited to share this awesome new program with you!

Mayes Elementary Open House

There will be an Open House for students entering Kindergarten through 6th grade and their families on Wednesday evening, September 2. This informal walk-through will take place from 5:30 – 7:00 p.m. allowing families to meet with elementary teachers and visit classrooms prior to the start of school on September 8. It replaces our First Day of School Celebration. If you have any questions regarding our Open House, please contact the elementary office at 644-2740.

School Hours

This is just a reminder that the hours of operation for Mayes Elementary School are from 8:00 a.m. until 2:50 p.m. Elementary students will be able to enter the cafeteria at 7:35 a.m. for breakfast. All other elementary students will have supervision on the playground starting at 7:35 a.m. as well. Lunch and recess will continue to be held from 11:00 a.m. until 11:45 a.m.

September 8

Price Changes in the Cafeteria & New Information

As the new school year approaches, so are new ideas and a slight increase in prices. The new prices for the 2009-2010 school year are as follows: breakfast for all students is \$1.20. Secondary lunch is \$1.80 and Elementary lunch is \$1.70. Milk for all students is \$.45. Extra entrees and ala carte items will stay the same. Each day, the students will be given a choice between two lunches, which due to state requirements must consist of three of the five necessary components: meat/meat alternate, fruit, vegetable, bread and milk. If students do not choose three of these components then it will be considered ala carte. It will be more nutritious and cost effective to purchase a lunch versus ala carte.

Our theme days will continue every month this year except September. We are having two theme weeks in October. We are celebrating spirit week with the students for homecoming October 5-9. Also, October 12-16 we are going "Around the World" for "National School Lunch Week". Monday: "Taste of Italy", Tuesday: "Oriental Day", Wednesday: "A National School Lunch Week Theme", Thursday: "Greek Day", Friday: Mexican Madness". We hope that all students will join us for our fun theme days this year. The cafeteria staff is very excited about these theme days and hopes that you and your students are too. We can't wait to welcome every one back!

PTO Walk-A-Thon

On Friday, September 25, our wonderful PTO will again be sponsoring a Walk-A-Thon to raise funds for the upcoming school year. The money raised will go to students and teachers for supplies, activities, and specifically to help defray the cost of attending Camp Hayo-Went-Ha. Pledge sheets and information will be send home with students the first week of school. A goody bag will be given to each student raising \$15.00 in pledges. For every \$25.00 in pledges, students will be entered in a drawing for a Nintendo DS Lite (for example, if a child raises \$78.00 in pledges, his or her name will be entered in the drawing three times). The classroom with the highest total amount of pledges will also receive a prize. Parents and other family members are invited to join the Mayes Elementary students as they walk the high school track during their gym classes. We've had parents, grandparents and even babies in strollers accompany students in the past. A rain date of Wednesday, September 30 has been set in case of inclement weather. VOLUNTEERS are needed. Please contact Terry Lambourn at 775-8109 or Tami Chilman at 878-1661 if you can help in any way.

MARK YOUR CALENDARS!

First Day of School (full day for ALL students)

Septemeer o	This buy of bonder (run day for Field students)
September 17	Constitution Day
September 25	PTO Walk-A-Thon
September 30	PTO Walk-A-Thon rain date
October 9	Homecoming Parade & Football Game
October 13	MEAP Tests begin for 3rd – 9th grade students
October 15	Elementary Parent Pizza Night – Write Steps Introduction
October 30	Elementary Halloween Parties

New Staff on Board



We are excited to introduce Stephen Pritchard as our new Secondary Special Education Teacher at Beal City Public Schools. Stephen was born and raised in western New York, but has been in Michigan for 10 years and in Beal City for 5 years. His wife is Addie (Andres), a Beal City Schools graduate, who works for the City of Mt. Pleasant in the

treasurer's office. They have two children: Logan who is 5 years old and starting kindergarten at St Joseph the Worker this fall, and Max who is 2 years old, a red head, and is full of energy. They also have a cat named Lucy and a Jack Russell terrier named Winnie.

Stephen graduated from the State University of New York at Brockport in Brockport, New York, with a Bachelor's Degree in Education. He also has a Special Education Certification from Saginaw Valley State University.

He was a graduate assistant in the Kinesiology Department at Michigan State University, and taught various programs with the Clare-Gladwin RESD, Gratiot-Isabella RESD and the Disability Network of Mid-Michigan. He also taught at Morey Public Schools, Lakeview Schools and Bangor Township Schools.

His favorite foods are Mexican, seafood, and just about anything from the grill. He enjoys hunting, camping, bowling, movies with his wife, and playing with his sons. His favorite sports are football, baseball and golf. He enjoys reading the huge number of books on his sons' shelves that they read every night, and he listens to all kinds of music from classical to country and everything in between.

Most of their vacation travel is to New York to visit family, and without a doubt, the highlight of his year so far is getting hired at Beal City Schools.

Welcome aboard Stephen!!

Beal City Schools Welcomes Our New Liaison Officer



Beal City Schools would like to welcome back Jonathon Straus to our school. Jonathon is a graduate of Beal City and will be here throughout the next two years as our Liaison Officer. Jonathon's wife Sara is a Physical Therapist and they have a dog Bailey who is

a German Shorthair.

Jonathon graduated from Beal City High School in 2000. He is also a graduate of Saginaw Valley State University and the North Eastern Police Academy. He has worked at the Isabella County Sheriff's Department since January 2006.

Jonathon's favorite food is lasagna and he enjoys hunting, fishing, weight-lifting, and competing in archery, and strongman competitions. He listens to rock music, and his favorite sports are football, baseball, and basketball. He enjoys spending time with his wife and family, traveling, and being outdoors. His travel highlights include a trip last year to South Carolina and two trips to Georgia for the ASA National Archery Competition.

The highlights of the year so far are his wife's graduation from college, and placing 25th at the National Archery Competition. Jonathon and Sara's future plans are to start a family, enjoy life and stay involved in the community, retire, and live comfortably.

Board Briefs

The following was approved at a regular board meeting on August 17, 2009:

- General Fund payments of \$295,196.63, Hot Lunch payments of \$207.49, Capital Projects/General Fund payments of \$72,219.87 and Athletic Fund payments of \$9,193.23.
- The coaching resignation of Justin Blevins as Freshman Basketball Coach.
- Seek bids for a new farm lease.

Ten Tips on How to Be a Winning Parent

Copyright 2004 Banach, Banach & Cassidy

1. Know what's going on. Remember the question that used to be asked during the evening news: "It's eleven o'clock. Do you know where your children are?"

Today, being tuned in is a 24/7 proposition. You have to know what's going on in the lives of your children – from who their friends are to what they're watching on television to the language they use. And, you have to know what's going on at school. Start by asking them what they learned in school today, and don't let them get away by saying, "Nuthin'."

- 2. Understand how your child is doing. Know if your child's education is characterized by success, stress, or struggle. Extend congratulations on the successes, and listen to (and really hear) what they are saying about the stresses and struggles. Then act on your understanding.
- 3. Set learning standards, expectations, and consequences for your child. When it comes to education, tell your child what you expect. If you expect Cs, that's probably what you'll get. And if there are no consequences for Cs, stand by to see some Ds.
- 4. Open and maintain dialogue with teachers. Most teachers work to open dialogue with parents at the beginning of the year. You should continue the dialogue by meeting them half-way. Let them know that you value education and that you want to hear early on if your child isn't working up to classroom expectations. And, don't hesitate to call if you have a question.
- 5. Be there when you're needed. Most problems get solved when they're "talked through." The next time your child seems troubled, make the first move. Start by saying, "I think there's something that we should talk about." Then go somewhere quiet and talk it through.
- 6. Never be apathetic about learning. If you don't care what your children are (or aren't) learning in school, guess what? They won't care either.

Take an interest in what happens at school. Talk to your children about responsibility and self-motivation. And, don't let them dismiss today's lesson by saying, "I don't know and I don't care."

Contrary to popular opinion, children do value what their parents say. That makes you one of education's most important sales people. Don't apathetic about your responsibility.

7. Understand that schools can't raise your child. For some parents, the school bus could arrive earlier and return later. They view the school day as a vacation from their kids. And, they expect the schools to house their children, feed them, counsel them, prepare them for jobs ... and teach them.

Schools are not parents. But they can be the most important partners parents can have.

- 8. Do things that broaden your child's horizons. No matter how rich the schools, there are limitations on the education that they can provide. You have to broaden their horizons. It's your job to talk with them, take them to a sporting event, treat them to a play, teach them responsibility, or go with them to a museum or a park. Schools can do a lot of things, but they can't do everything to broaden your child's horizons.
- 9. Model life-long learning. Continuous change is the norm. That's why everyone agrees that life-long learning is essential. And, that's why it's important that you give life-long learning more than lip-service.

Your children are watching how you keep learning. Let them catch you reading. Talk to them about what you have to learn to keep up on your job. Be a good model.

10. Tell your children about the importance of education ... every chance you get! No one says that education is useless and a waste of time. To say such a thing would be a demonstration of ignorance. Yet, saying nothing to reinforce the value of education may not be much better.

Let your children know that the old cliché is true – "You ain't goin' nowhere without an education." Don't make it a speech. Make it something you believe ... because it's true.

H1N1 Influenza – Your School Is Prepared

The Center for Disease Control and Prevention (CDC) anticipates there will be an increase in H1N1 (Swine) Influenza this fall. Local health departments are working with State and Federal health officials to develop response plans – targeting ways to prevent spread of the illness.

The Central Michigan District Health Department (which covers Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon Counties) will be working with school partners focusing on two strategies: 1)non-vaccination, and 2) vaccination.

Non-Vaccination Strategy for Schools

- •Teaching students and teachers proper hygiene, such as the importance of covering their cough (by sneezing into their elbow), washing hands frequently and keeping their hands away from their face.
- •Students or staff with influenza-like illness (fever with a cough or sore throat) should stay home.

Vaccination Strategy to Control Influenza for Schools

- •All children are encouraged to receive the seasonal influenza vaccine as soon as it is available.
- •It is anticipated that local health departments will be receiving a shipment of the H1N1 vaccine in mid-October. The CSC's recommendations for the target groups who should receive the vaccine include:

	All people 6 months through 24 years
of age	
	Pregnant women
	People who live with or care for children
younger	than 6 months
	Health care and emergency services
personn	el
	People ages 25 through 64 years with
certain l	nealth conditions

- •The health department is planning to offer vaccination clinics in the schools. The immunizations will be administered to those children who have signed parental consent. Vaccinations will also be available at area doctor's offices. All students are encouraged to receive the H1N1 vaccine.
- •The parent consent form for the swine flu vaccination is not currently available. As soon as the form is available schools and parents will be notified as to how the consent forms will be distributed.
- •The H1N1 vaccine will be available from most doctors, some pharmacies, and your local health department.

It is the current recommendation from the CDC that schools not be closed if a case of H1N1 influenza infection is confirmed. However, a school might be dismissed if there is a high rate of faculty or student absenteeism that interferes with the school's ability to function.

For more information on H1N1 influenza, please visit the health department's website at www.cmdhd.org.

Beal City Athletic Association

The Beal City Athletic Association will be selling Aggie Bucks starting this Fall. Aggie Bucks can be purchased at specific home events and can be used at the concession stands just like money. Aggie Bucks is a great way to make a charitable contribution to the Beal City Athletic Association and get something back in return. They can be used as gifts for children, grandparents, aunts, uncles or anyone that comes to cheer on their favorite Aggie athletes. Each Aggie Buck is worth \$1 and will be sold individually or in \$5 packs.

Aggie Bucks will be sold at the first home JV football game, the first home Varsity football game and then during one boys and one girls basketball games before the holidays.

The Beal City Athletic Association looks forward to a great 2009-2010 sports season. The assistance of parents and family members of our athletes is what makes it possible for our association to provide what we do for our athletic programs. We look forward to working with you this year. The Athletic Association is always looking for new people to help with the business end of the organization. If anyone is interested in volunteering to be on the committee, we always welcome new people and new ideas.

Ten Tips on How to Be a Winning Student

Copyright 2004 Banach, Banach & Cassidy

1. Be prepared for class. Being prepared means reading your assignments and doing your homework. It also means being rested, alert, and physically fit. When something is important, people prepare.

If learning is important to you, be prepared for class.

- 2. Look interested. Even if you are not interested, look interested. When you're tuned in to what the teacher is saying, the teacher will tune in to you. (How interested are you in people who aren't interested in you?)
- 3. Participate ask questions/make suggestions. You get what you give. Be an active participant in class discussions. Just sitting there dampens effective teaching. It also can cheat you out of a chance to share your insights and ideas.

Ask questions, too. Questions help you think ahead and get more out of class. Remember that answers describe the present while questions define the future.

Remember also that your teacher is not a mind-reader. If you have a question or suggestion, raise you hand.

- 4. Give your best. When it comes to your education, "good enough" isn't good enough. Give your best and you'll do your best. No one can fault that.
- 5. Ask for help when your best comes up short. If you're giving your best and still not understanding, ask for help. Most of the time a simple explanation from the teacher is all that's needed to get you rolling again.
- 6. Volunteer. Be a classroom contributor. Volunteer a suggestion, solution, or and idea. Get engaged in what's going on in class.
- 7. Do your homework. Homework should reinforce your lessons. That's why it's important. And, if you think your homework isn't reinforcing your lessons or is irrelevant busy work, express your concern to your teacher. (Teachers have a lot of experience with homework. In fact, they have to do their homework to make sure that your lessons are well prepared.)
- 8. Show your manners. Many of the youngsters that we surveyed said that students should "be nicer." The first move is yours. Be polite. Say please and thank you and excuse me. You might even try "Yes, Mr. Brooks." and "No, Miss Jones."

Good manners should be the norm, not something saved for a special occasion.

People notice those who have good manners. And, while they'll probably never say anything to you about your good manners, you can bet that your good manners will positively influence their behavior.

- 9. Treat others with respect and dignity. Our Founding Fathers valued the worth and dignity of every person. In fact, they led a revolution to establish "life, liberty, and the pursuit of happiness" as a basic tenet of American life. Treating others with respect and dignity builds positive relationships and enduring friendships. Being otherwise does the opposite.
- 10. Read whatever you can when ever you can ... just for the fun of it. You can't "get smart" if you don't read. And, everyone agrees that reading is central to life-long learning.

But we also need to read for the fun of it. Reading lets us travel to exciting places, meet new people, and learn about new and better ways of doing things. Not reading is like not exercising – eventually your mind turns to flab.

REPORT to PARENTS

There is no school subject quite as ripe for family fun as sciende. And it's an area where children need extra enrichment now, more than ever, because the national No Child Left Behind initiiative is causing schools to focus more intently on math and reading and less classroom time on science. That's where you can make a big difference in your child's learning, and have a great time

On the Internet

There's no excuse ever again for a child to say he or she has nothing to do. The Internet is your family's door to a wonderland of science games and activities - and your children won't even notice they're learning. These are just some of the excellent sites available for you and your kids.

Puzzles, games and science fair ideas are just a few of the resources in this science-dedicated site for children and their families. www.sciencenews-forkids.org

doing. Check out these terrific resources.

From developing "accidental scientists" in the kitchen to exploring human perception, this site is chock-full of some of the most fun science activities ever assembled. www.exploratoium.

Find interactive games galor on geography, astronomy and zoology. http://kids.nationalgeographic.com/Games.

Remember that old game Operation? Kids can play a virtual version online at this site, while learning how

different systems of the body work. This fun site, from London's Centre of the Cell, will keep school kids (and their parents) entertained and informed. www.centreofthecell.org/centre/?page_id=301

This great resource for families offers dozens of safe, educational home experiments using materials easily found around the house. It's divided into categories, including water, structures, the five senses, patterns, life sciences, forces and energy, engineering and chemistry. http://pbskids.org/zoom/activities/sci

Check out the cool resources available at this site from the land down under, the National Science and Technoogy Centre in Australia. www.questacon.edu.au/activities

From egg-speriments to fun tricks like the giraffe spit experiment this great site lets kids have fun learning through experimentating, discovering things like how polar bears stay

Science Fun for Your Kids

warm and the ecological consequences of oil spill. www.sandiegozoo.org/educcation/science_experiments.html

Games, puzzles and activities about the Earth and the solar system can be found at this site. www.windows.ucar.edu/tour/link=/games/games.html

Enlisting the help of TinkerBell and the rat from the movie Ratatouille, the U.S. Department of AEnergy provides a great selection of games and activities on energy and conservation. www.eere.energy.gov/kids/games.html

If you ever finish doing all the cool science experiments on this site, you can check out the other activities that get kids' brains engaged too. www.funology.com/laboratory

On Television

The Discovery Kids Channel is probably the best source of science-oriented television shows for kids these days, offer-

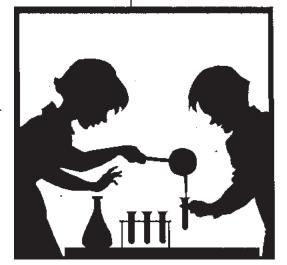
ing both Bindi the Jungle Girl and Grossology.



The Magic School Bus Series, a classic collection of boosk, lets kids follow Ms. Frizzle into the bazarre and amazing world of science from inside the body to outer space.

Looking for a great collection of activities to do at home? Get your hands on either of these: The Kids' Science Book: Creative Experiences for Hands-On Fun or The Everything Kids' Science Experiements Book: Boil Ice, Float

Water, Measure Gravity - Challenge the World Around You!



Magazines

Children love getting their very own magazines in teh mail during the year. Depending on the age of your children, any of these will open their eyes to the science and the world around them: Click Magazine, ASK, Odyssey Magazine, Ranger Rick and National Geographic Kids.

Build bonds with your childrn by exploring some of these sites online. Go to the library to pick up back issues of the magazines or copies of the books, and set some time aside to help your childrne discover the wonders of the scientific world. Learning has never been so much fun.

Credit Recovery Program 2009 ~ 2010



A student's future depends on creating a solid academic foundation. Students in the Central Michigan area now have the ability to make up failed or lost credits and stay on track for graduation. Through the Beal City Public School's *Credit Recovery Program*, students can now enroll in courses that meet their district's credit requirements.

Enrolling in our Credit Recovery Program will help ensure that students stay on track towards meeting their educational goals.

High School Opportunities High School Credit Recovery \$200/Credit ~ \$125 ½ Credit Course Offerings: English 9-12, Algebra I and II, Geometry U.S.,

and World History Government, Economics, Physical Science, Biology, Core Area Electives.

9th-12th grade students needing to recover core area credits will participate in direct instruction and computer-based curriculum while being supported by a highly qualified staff.

Students will actually learn the course materials a second time around, ensuring that they progress through the program in a timely manner. All instructors are highly qualified in their content area. Staff will be on hand to answer questions and provide academic support. Periodic testing will be used to verify student comprehension of the materials.

Registration General registration will begin in the offices of Beal City High School and Beal City South in August. The number of spaces available will be limited, please enroll at your earliest convenience. Cost of the credit recovery program will be \$200 per credit or \$125 for each ½ credit. Hours of Operation The Credit Recovery program will take place Monday – Friday from 6:45 a.m. to 7:45 a.m. Transportation Students will be required to provide their own transportation to and from the Credit Recovery program.



Beal City Public Schools
3180 W. Beal City Rd. Mount Pleasant, MI 48858
Beal City High School 989-644-3944

Jeff Jackson, Principal Beal City South – Alternative Education 989-773-9543

Jerry Ward, Director

District Administration 989-644-3901

William Chilman IV, Superintendent

Cross Country			I	Call (Sports
Tues Aug 25 2	Varsi.	•		all	Sports
_	3:30 p.m.	@St. Charles			1
	4:30 p.m.	@Saranac	Varsity Valleyh	all Cont	
	5:00 p.m.	@ Ovid Elsie	Varsity Volleyb		3.6
-	4:00 p.m	Beal City Invit.	Tues. Oct 6	6:00 p.m.	Marion
	4:30 p.m	Conf. Jamboree @ Lake City	Tues. Oct 13	6:00 p.m.	Manton
•	5:00 p.m.	@Ferris State Univ.	Wed. Oct 14	6:00 p.m.	@Coleman
Thurs. Sept 24 4	-	@Frankenmuth Invitational	Sat. Oct 17	9:00 a.m.	@Vestaburg Tournament
	4:30 p.m.	Conf. Jamboree @ McBain	Tues. Oct 20	6:00 p.m.	@Evart
	9:00 a.m.	@Carson City Invit.	Sat. Oct 24	8:00 a.m.	@Spirit of St Louis Tournament
	4:00 p.m.	@Mt. Pleasant Hills	Tues. Oct 27	6:00 p.m.	Pine River
	4:30 p.m.	Conf. Jamboree @ Pine River	Sat. Oct 31	9:00 a.m.	Highland Conf. Tourn\Beal City
	4:00 p.m.	@Montabella			JV
	11:00 a.m.	Class D Meet@Bucks Run	Sat. Aug 22	9:00 a.m.	@Lakeview Tournament
	ГВА	Regionals	Sat. Aug 29	9:00 a.m.	Beal City Invitational
Sat. Nov 7	ГВА	Finals MIS	Tues. Sept 1	6:00 p.m	@Mt. Pleasant
	Junior I	~	Thurs. Sept 10	-	Tri @ Morley Stanwood
-	4:00 p.m.	Beal City Invitational	Tues. Sept 15	6:00 p.m.	@Lake City
	4:30 p.m.	Conf. Jamboree @Lake City	Thurs. Sept 17	•	SHA
-	4:00 p.m.	@Manton Invitational	Sat. Sept 19	8:00 a.m.	@ St Louis Invitational
	4:30 p.m.	Conf. Jamboree @ McBain	Tues. Sept 22	6:00 p.m.	McBain NMC
Sat. Oct 3	9:00 a.m.	@Carson City Invit.	Tues. Sept 29	6:00 p.m.	@McBain
Tues. Oct. 6 4	4:00 p.m.	@Mt. Pleasant – Pleasant Hills	Sat. Oct 3	9:00 a.m.	@Montabella
Tues. Oct 13 4	4:30 p.m.	Conf. Jamboree @ Pine River	Sat. Oct 6	6:00 p.m.	Marion
Fri. Oct 16 4	4:00 p.m.	@Montabella	Tues. Oct 13	6:00 p.m.	Manton
	Footb	all	Wed. Oct 14	6:00 p.m.	@Coleman
	Varsi	ty	Mon. Oct 19	6:00 p.m.	@Shepherd
Fri. Aug 28 7	7:00 p.m.	@SHA	Tues. Oct 20	6:00 p.m.	@Evart
_	7:00 p.m.	@Clare	Tues. Oct 27	6:00 p.m.	Pine River
_	7:00 p.m.	Manton	Sat. Oct 31	TBA	Conference Tourn @ Evart
_	7:00 p.m.	Montabella		F_{i}	reshman
_	7:00 p.m.	@Lake City	Sat. Aug 29	9:00 a.m.	Beal City JV Tournament
_	7:00 p.m.	@McBain	Tues. Sept 1	6:00 p.m.	@Mt. Pleasant
	7:00 p.m.	Marion	Sat. Sept 12	8:00 a.m.	@St Louis Invite
	7:00 p.m.	Pine River	Tues. Sept 15	6:00 p.m.	@Lake City
Fri. Oct 23		@Evart	Wed. Sept 16	6:00 p.m.	Tri @Chippewa Hills
	JV		Tues. Sept 22	6:00 p.m.	@Pine River
Thurs. Aug 27 6	6:30 p.m.	@SHA	Tues. Sept 29	6:00 p.m.	@McBain
Thurs. Sept 3 6	•	Clare	Sat. Oct 3	9:00 a.m.	Beal City Invite
Thurs. Sept 10 6		@Manton	Wed. Oct 7	6:00 p.m.	@Morey Charter
Thurs. Sept 17 4		@Montabella	Tues. Oct 13	6:00 p.m.	Morey Charter
Thurs. Sept 24 6		Lake City	Sat. Oct 17	9:00 a.m.	@Carson City
	6:30 p.m.	McBain	Mon. Oct 19	6:00 p.m.	@Shepherd
	6:30 p.m.	@Saginaw Nouvel	Sat. Oct 24	9:00 a.m.	@Ithaca Tournament
Thurs. Oct 15 6		@Pine River	Tues. Oct 27	6:00 p.m.	Pine River
Thurs. Oct 22 6	•	Evart		Jui	nior High
	Volley		Thurs. Sept 10		Pine River
	•		Thurs. Sept 17	_	@McBain
Wed. Aug 26 9	<i>Varsi</i> : 9:00 a.m.	@Carson City Invite	Mon. Sept 21		Lake City
_		@Mt. Pleasant	Thurs. Sept 24	-	@Manton
	6:00 p.m. 9:00 a.m.	\circ	Mon. Sept 28	-	Evart
		@Montabella Invite	Thurs. Oct 1	6:00 p.m.	@McBain NMC
	6:00 p.m.	@Lake City	Mon. Oct 5	6:00 p.m.	@Pine River
Thurs. Sept 17 6	-	SHA Real City Invite	Mon. Oct 12	6:00 p.m.	McBain
	9:00 a.m.	Beal City Invite	Thurs. Oct 15	-	@Lake City
•	6:00 p.m.	McBain NMC	Mon. Oct 19	6:00 p.m.	Manton
	8:00 a.m.	@St Louis Invite	Thurs. Oct 22	-	@Evart
	6:00 p.m.	@McBain	Mon. Oct 26	6:00 p.m.	McBain NMC
Sat. Oct 3	9:00 a.m.	@Morrice Invite		1	



September 7 – 11, 2009

Monday: No School – Labor Day

Tuesday: Breakfast – cinnamon-glazed french toast, cheese stick, granola bar, donut, cereal, fruit, juice and milk. Lunch – pepperoni bagel pizza, cheese-filled breadstick, salad bar, fruit and milk.

Wednesday: Breakfast – pretzel/cheese, muffin, yogurt, cinnamon roll, cereal, fruit juice and milk.

Lunch – chicken nuggets or bbg beef/bun, hot vegetable, dinner roll, salad bar, fruit and milk.

Thursday: Breakfast – breakfast pizza, cheese stick, granola bar, cinnamon roll, cereal, fruit, juice and milk. Lunch – breakfast pizza or egg cheese omelet, hash brown, bagels, fruit bar and milk.

Friday: Breakfast – egg and sausage on a biscuit, muffin, cinnamon roll, cereal, fruit, juice and milk.

Lunch – nachos/meat and cheese or totally tacos, peanut butter and jelly sandwich, salad bar, fruit and milk.

September 14 – 18, 2009

Monday: Breakfast – waffle sticks, muffin, yogurt donut, cereal, fruit, juice and milk. Lunch – Big Daddy's cheese pizza, breadstick, salad bar, fruit and milk.

Tuesday: Breakfast – scrambled eggs/ham, hash brown, muffin, cinnamon roll, cereal, fruit, juice and milk. Lunch – corn dog nuggets or hamburger/bun, french fries, salad bar, fruit and milk.

Wednesday: Breakfast - pretzel/cheese, muffin, yogurt, cinnamon roll, cereal, fruit, juice and milk.

Lunch – spaghetti or chicken Caesar salad, garlic bread, salad bar, fruit and milk.

Thursday: Breakfast – bagel sausage pizza, cheese stick, granola bar, cinnamon roll, cereal, fruit, juice and milk. Lunch – hot turkey sandwich with mashed potatoes and gravy or meat sub, salad bar, fruit and milk.

Friday: Breakfast – hot pocket, yogurt, muffin, cinnamon roll, cereal, fruit, juice and milk. Lunch – chicken quesadilla or macaroni/cheese, dessert, salad bar, fruit and milk.

September 21 – 25, 2009

Monday: Breakfast – mini pancakes, sausage, granola bar, donut, cereal, fruit, juice and milk. Lunch – stuffed crust pepperoni pizza, cheese-filled breadstick, salad bar, fruit and milk.

Tuesday: Breakfast – egg/cheese omelet, hash brown, muffin, cinnamon roll, cereal, fruit, juice and milk. Lunch – popcorn chicken or baked potato, dinner roll, hot vegetable, salad bar, fruit and milk.

Wednesday: Breakfast – pretzel/cheese, granola bar, yogurt, cinnamon roll, cereal, fruit, juice and milk.

Lunch – hot dog/bun or sloppy jo/bun, french fries, dessert, salad bar, fruit and milk.

Thursday: Breakfast – breakfast pizza, cheese stick, granola bar, cinnamon roll, cereal, fruit, juice and milk.

Lunch – taco or chicken fajita, peanut butter and jelly sandwich, salad bar, fruit and milk.

Friday: Breakfast – sausage gravy/biscuit, cheese stick, muffin, cinnamon roll, cereal, fruit, juice and milk.

Lunch – grilled cheese sandwich or fish/bun, tomato soup, salad bar, fruit and milk.

September 28 - October 2, 2009

Monday: Breakfast – oatmeal, cheese stick, granola bar, donut, cereal, fruit, juice and milk. Lunch – cheese pizza, breadstick, salad bar, fruit and milk.

Tuesday: Breakfast – scrambled eggs/ham, hash brown, muffin, cinnamon roll, cereal, fruit, juice and milk. Lunch: chicken stir fry/rice or chicken parmesan, peanut butter, and jelly sandwich, salad bar, fruit and milk.

Wednesday: Breakfast – pretzel/cheese, granola bar, cinnamon roll, cereal, fruit, juice and milk.

Lunch – Salisbury steak/mashed potatoes/gravy or pork patty/bun, dinner roll, salad bar, fruit and milk.

Thursday: Breakfast – bagel sausage pizza, cheese stick, granola bar, cinnamon roll, cereal, fruit, juice and milk. Lunch – chicken strips or chili, cornmeal muffins, hot vegetable, salad bar, fruit and milk.

Friday: Breakfast – egg and sausage on a bagel, muffin, cinnamon roll, cereal, fruit, juice and milk. Lunch – beef stew/biscuit or turkey a la king/biscuits, cinnamon tasties, salad bar, fruit and milk.