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**School Breakfast Facts**

A great breakfast program is offered at school every day!

Here are some fun facts about school breakfast:

* It’s easy! Instead of running around in the morning trying to make sure your children eat a healthy meal, let us do the work. They can get a great breakfast at school, and there will be no dishes for you to wash!
* It’s affordable! If qualified, your child may be able to get breakfast at a reduced price or for free. If your child already eats a free or reduced price lunch, they automatically qualify for a free or reduced price breakfast.
* It’s tasty! Schools now have more variety to choose from when deciding what to offer your children for breakfast. Request a menu so you can view what your child may be eating at school.
* It’s good for the brain! Research suggests that not having breakfast can affect children’s intellectual performance (CDC).

**Every morning our breakfast consists of these whole grain items: assorted pop tarts, muffins, uncrustables, donuts, cereal, yogurt, juice, cheese stick and milk. Students must choose a fruit and 2 grain items.**

**Location: Aggie Cafeteria**

**Breakfast time every day: 7:40-8:05**

**Full pay price: $1.50**

**Reduced: $.30**

**Remember, no breakfast will be served if we have a delay.**