



MARCH | 2019

Beal City Schools Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 chicken patty sand or hamburger (cheese) sweet potato fries apple juice and milk	5 tangerine chicken/rice animal crackers or corn dog nuggets stir fry vegetables mandarin oranges juice and milk	6 grilled cheese sandwich or fish sandwich (cheese) tomato soup Broccoli Aggie apples (sliced) juice and milk	7 hot turkey sandwich (9-12 2 nd slice bread) mashed potatoes and gravy or chicken tenders w/bread peas perfect peaches (cup) juice and milk	8 nachos (meat, cheese, chips) or cheese pizza refried beans (9-12 cold carrots) pears juice and milk
11 hot dog (9-12 cheez-it crackers) or hamburger (cheese) oranges baked beans sweet potato fries juice and milk	12 chicken mashed potato bowl dinner roll or corn dog nuggets corn appealing applesauce cups juice and milk	13 cinn French toast w/ sausage links or breakfast pizza hash brown & cold carrots tropical fruit juice and milk	14 twisty chicken alfredo (6-12 garlic breadstick) or chicken tenders (K-5 cinn graham cracker) broccoli pineapple juice and milk	15 macaroni & cheese or ham & cheese calzone green beans Aggie apples (sliced) juice and milk
18 scalloped potatoes/ham dinner roll or hamburger (cheese) cookie x-ray vision carrots fresh fruit (seasonal) juice and milk	19 hearty bowl of chili w/cheez-it crackers (6-12 combread muffin) or corn dog nuggets potato smiles strawberry cups juice and milk	20 salisbury steak (6-12 bread) Or chicken tenders cinn graham cracker mashed potatoes & gravy broccoli perfect peaches juice and milk	21 chicken quesadilla or pepperoni pizza refried beans (9-12 cold carrots) mixed fruit juice and milk	22 ½ DAY NO LUNCH
25 Spring Break NO SCHOOL	26 Spring Break NO SCHOOL	27 Spring Break NO SCHOOL	28 Spring Break NO SCHOOL	29 Spring Break NO SCHOOL

News

All Fridays during lent will have 1 hot option that does not have meat included.

Reading Month!
The more that you read, the more things you will know. The more that you learn, the more places you'll go. -Dr. Seuss

All grains are whole grain
A vegetable salad bar is available daily and is included with all meals

6th-12th grade additional daily lunch options:

FEATURING NEW:
Fruit Smoothies!!!
Different flavors every day!

Turkey bacon sandwich, ham sub, crispy chicken wrap, turkey bacon wrap, chef salad, grilled chicken salad, and strawberry parfait.