



September 2014

Beal City Schools Lunch Menu

10 11 12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2 wg popcorn chicken w/wg dinner roll, green beans, garden bar, fruit, juice and milk Monday option: wg corn dog nuggets	3 wg maple flavored waffle, hash brown, garden bar, fruit, juice and milk Tuesday option: wg breakfast pizza	4 hot turkey sandwich (wg bread) with mashed potatoes and gravy, broccoli, garden bar, fruit juice and milk Thursday option: wg chicken nuggets/wg slice of bread	5 nachos chips/cheese/meat, refried beans, cold carrots, garden bar, fruit, and milk Friday option: wg cheese pizza
8 sloppy jo w/wg bun, celery, garden bar, fruit, juice and milk Monday option: wg corn dog nuggets	9 macaroni and cheese, cooked carrots, garden bar, fruit, juice and milk Tuesday option: wg breakfast pizza	10 twisty chicken alfredo, wg garlic breadstick, broccoli, garden bar, fruit, juice and milk Wednesday option: hamburger/wg bun	11 Scalloped potatoes/ham w/wg dinner roll, wg cookie, corn, fruit, juice and milk Thursday option: wg chicken nuggets/wg breadstick	12 taco w/ wg tortilla shell, refried beans, garden bar, fruit, juice and milk Friday option: wg pepperoni pizza
15 tangerine chicken w/wg rice, stir fry vegetables, garden bar, fruit, juice and milk Monday option: wg corn dog nuggets	16 chili, wg cheez-its, (slice wg bread for HS) broccoli, garden bar, fruit, juice and milk Tuesday option: wg breakfast pizza	17 salisbury steak w/mashed potatoes and gravy, peas, wg bread, garden bar, fruit juice and milk Wednesday option: hamburger/wg bun	18 hot dog w/wg bun/ sweet potato fries, garden bar, fruit juice and milk Thursday option: wg chicken nuggets/wg breadstick	19 wg chicken quesadilla, refried beans, garden bar, fruit juice and milk Friday option: wg cheese pizza
22 wg popcorn chicken w/wg dinner roll, green beans, garden bar, fruit, juice and milk Monday option: wg corn dog nuggets	23 wg maple flavored waffle, hash brown, garden bar, fruit, juice and milk Tuesday option: wg breakfast pizza	24 Chicken Patty w/wg bun, sweet potato fries, garden bar, fruit, juice and milk Wednesday option: hamburger/wg bun	25 hot turkey sandwich (wg bread) with mashed potatoes and gravy, broccoli, garden bar, fruit juice and milk Thursday option: wg chicken nuggets/wg slice of bread	26 nachos chips/cheese/meat, refried beans, garden bar, fruit, and milk Friday option: wg cheese pizza
29 sloppy jo w/wg bun, celery, garden bar, fruit, juice and milk Monday option: wg corn dog nuggets	30 macaroni and cheese, cooked carrots, garden bar, fruit, juice and milk Tuesday option: wg breakfast pizza			



News

Welcome Back!!

Farm to school is now here! We will have several options available... come and check them out!

We now have daily options instead of weekly options.

Plus, our subs, salads and wraps will be available to everyone in 7th-12th grade as a lunch option!