

October 2014

Beal City Schools Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>2 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>3 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>
<p>6 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>7 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>8 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>9 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>10 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>
<p>13 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>14 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>15 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>16 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>17 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>
<p>20 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>21 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>22 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>23 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>24 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>
<p>27 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>28 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>29 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>30 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>	<p>31 assorted pop tarts, cereal, nutrigrain bars, muffins and yogurt. Plus, cheese stick, fruit, juice and milk</p>

News

Students can take all 4 options offered but must take 3 to have a full breakfast.

Example: pop tart, muffin, fruit and milk. OR muffin, yogurt and fruit.

A fruit has to be taken with all meals.