



# The Aggie Express

A publication of the Beal City Public Schools

www.bealcityschools.net

March, 2013

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## Kindergarten Round Up is Coming!

Beal City Public Schools will be holding Kindergarten Round Up for the 2013-2014 school year on Tuesday, March 19th, 2013. The meeting will take place in the School Cafeteria at 6:30 pm. Parents interested in enrolling a student in kindergarten for next fall should attend. This is an informational meeting designed for parents. Students need not be present. Please bring your child's shot record, birth certificate, and proof of residency to the meeting. Appointments for Kindergarten Screening on Tuesday, March 26, 2013, will be set up at this time. If you have any questions about the meeting, please call the Beal City Mayes Elementary office (644-2740). We look forward to seeing you there!

Please note: In June 2012, the State of Michigan passed a law that changes the entry requirements for kindergarten. Students must now be 5 years old by November 1, 2013 to attend kindergarten. Parents who have children who will be 5 years old before December 1, 2013 and would like their student to attend school may make a request to the school in writing by June 1, 2013. If you have questions about this law, you can find more information at <http://www.legislature.mi.gov/documents/mcl/pdf/mcl-380-1147.pdf> or call the elementary office at (989) 644-2740.

## National Technical Honor Society Inductions

Congratulations to the following students for their induction into the National Technical Honor Society. Candidates for NTHS membership are students who have demonstrated scholastic achievement, skill development, good character, leadership, honesty, and responsibility. The candidates must be juniors or seniors and have maintained a cumulative academic and Career Technical Education GPA of at least 3.0, with the CTE GPA weighted at 70% and the academic GPA weighted at 30%. They must be currently working on or have completed at least 6 credits in Career and Technical Education, and have a good attendance record. Candidates are nominated by their CTE instructors.

Megan Ley  
Rachael Lorenz  
Alexis McLachlan  
Cory Mead  
Nathaniel Schafer  
Samuel Schafer  
Ashley Steffke  
Corey Yuncker

# MARCH IS READING MONTH!

The Beal City Mayes Elementary teaching staff has planned a variety of activities in celebration of READING MONTH!! The theme of this year's celebration is Read like a Champion! The staff is planning many fun and exciting events and speakers throughout the month. As a school, students are being put to the challenge of reading a certain number of minutes for the month. Every Wednesday in March, upper and lower elementary students will pair up with their "Buddy Classroom" and read together. Students will also be asked to bring books from home, on March 21 & 22, to exchange. Students are limited to three books to bring in for the Book Exchange, and they must be in good condition. A calendar of these events, and many other reading month activities, will be sent home with students.

## MARK YOUR CALENDARS!

Monday, March 4	PTA meeting, 6:30 in Mrs. Davis' classroom
Thursday, March 7	Parent/Teacher Conferences, 5:00-8:00 p.m.
Tuesday, March 19	Kindergarten Registration Parent Meeting, 6:30 p.m. - cafeteria
Wednesday, March 20	First Grade CAFÉ Night, 6:00 p.m.
Thursday, March 28	End of Marking Period, students have ½ day of school
Friday, March 29	Spring Break Begins
Monday, April 8	Classes Resume



## Elementary all A's & B's Gr

Samantha Jo Carrier	6
Jordyn Fillenworth	6
Zoey Mishler	6
Brian Peacock	6
Noel Schafer	6
Jourdyn Armstrong	5
Alex Benaske	5
Logan Chilman	5
Jared Gottschalk	5
Grace Meyers	5
Olivia Nelson	5
Natalie Peacock	5
Seth Schafer	5
Sidney Upton	5

## Elementary GOLD Medalists of the Month

FRONT ROW (L-R)) Joey Federico (Kdg.) son of William Federico, and Grant Hall (2nd) son of Jason and Melissa Hall. BACK ROW (L-R) Wade Wilson (3rd) son of Thad and Sue Wilson, Logan Chilman (5th) son of Bill and Tami Chilman, Katlyn Yoder (6th) daughter of Chris Yoder and Michelle Yoder, and Kinleigh Keller (4th) daughter of Eric and Karen Keller. Not in the picture, Amaleah Streit (1st) daughter of Geoffrey Streit and Michelle Anderson-Streit. These seven students were chosen by their grade teachers as the January Gold Medalists of the Month. They not only showed great effort and enthusiasm in the classroom, but they also demonstrated positive character traits and were model students. For being selected for this award, each student received a certificate, a pencil, and a gold medal. Congratulations to our Outstanding Students!!

# Seeking Bids

Beal City Public Schools is seeking bids for the construction of press boxes at the baseball and softball fields. For bidding information please see John Graham in central office at 3180 W Beal City Rd., Mt. Pleasant, MI 48858, between 7:30 am to 3:00 pm Monday thru Friday. Bids will be due by March 8th, 2013. Mark all bids as press box project.

## Early Spring Sports Schedule

Spring is right around the corner and with that will be spring sports. The spring sports schedule will be printed in full in the April issue of the Aggie Express. However, the JV & Varsity Baseball and Softball teams will start their season early with games scheduled for Wednesday, March 27th. The JV teams will travel to Big Rapids with start times of 4:00 p.m. The Varsity teams will host Big Rapids with starts times at 4:00 p.m. Good Luck Aggies!!!

## Stay in the loop! Online access to your child's grades and attendance!

PowerSchool is an easy to use, web-based student information system. It is intended to provide students, parents/guardians and teachers with a tool to communicate student performance. PowerSchool may be accessed from any place with Internet access. The application uses a secure link that encrypts the data to and from the end user and is very secure.

In addition, each student and parent/guardian is provided with a separate username and password that allows access to only the appropriate student records. If you do not have, or have misplaced yours please contact Joe Judge, Director of Technology, at 989-644-3944 or [judge@bealcityschools.net](mailto:judge@bealcityschools.net). The parent portal can be accessed at [ps.bealcityschools.net](http://ps.bealcityschools.net).

## Board Briefs

The following was approved at a regular board meeting on February 18, 2013:

- General Fund payments of \$329,874.67, Hot Lunch payments of \$15,254.08, and Athletic Fund payments of \$2,993.30.
- The Second Reading of the Neola New, Revised and Replacement Policies as presented.
- The Schools of Choice 105 and Schools of Choice 105C programs for the 2013-2014 school year.
- The following coaching recommendations as presented: Kristin Schafer – JV Softball, Rod Flaughner – Voluntary Assistant Softball, Dennis Bechtel – Voluntary Assistant Baseball, Michael Bleise – Voluntary Assistant Baseball, Tom Atkinson – Voluntary Assistant Baseball, Dave King – Varsity Girls Track, and Scott Leppert – JH Boys Track.

The following coaches are being recommended through PCMI: Tecumseh Adams – Boys Varsity Track, Holly Anderson – JH Girls Track, Brad Antcliff - Varsity Baseball, Kory Stevens – JV Baseball, and Alicia Wernette – Varsity Softball.

## SECOND SEMESTER HONOR ROLL

4.00 GPA	Gr.	3.5 - 3.99 GPA	Gr.	3.0-3.49 GPA	Gr.	3.5 -3.99 GPA	Gr.
Monica David	12	Brendan Carrick	10	Kevin Bleise	11	Erica Hauck	8
Michaela Holland	12	Joslin Clouse	10	Kelsey Flaughner	11	Kristen Hood	8
Jonathan Rau	12	Krista Faber	10	Andrea Fouty	11	Kotecki, Nicholas	8
Olivia Rau	12	Jacob Flaughner	10	Greg Keiser	11	Stephanie Ley	8
Mitchell Schumacher	12	Brittany Fowler	10	Hannah Neyer	11	Haley McMullen	8
Larissa Schwerin	12	Cortni Hauck	10	Sara Phillips	11	Heidie Neyer	8
Corey Yuncker	12	Emily Hauck	10	Carson Salisbury	11	Ariel Salter	8
Adam Zeien	12	Mariah Hines	10	Lucas Schafer	11	Hannah Schafer	8
Kaitlynn Frayre	11	Jacob Horsley	10	Joshua Starr	11	Landon Schafer	8
Shelby Klumpp	11	Maxwell Horsley	10	Kevin Straus	11	Nicholas Schafer	8
Cody Mottin	11	Sydney Lorenz	10	Brianna Atzert	10	Ashtyn Thompson	8
Anna Reihl	11	Alex Mathews	10	Luke Farrell	10	Alora Vogel	8
Ty Rollin	11	Kaitlyn Millard	10	Heather Fraczek	10	Alec Whitehead	8
Addie Schumacher	11	Nicholle Murphy	10	Jessica Holland	10	Tori Wilson	8
Elizabeth Scott	11	Natzel, Zach	10	Jacob Hovey	10	Kyle Yuncker	8
Chloe Steffke	11	Hayley Neyer	10	Josie Lefere	10	Mahealani Andrews	7
Nicholas Ward	11	Nicholas Pung	10	Brooke McCoy	10	Rachel Beltinck	7
Zina Bellinger	10	Alex J. Schafer	10	Emily Rousseau	10	Spencer Clouse	7
Nicole Fox	10	Emily Schafer	10	Jordan Schneider	10	Dale Farrell	7
Kaitlyn Gottschalk	10	Grace Schafer	10	Ryan Yuncker	10	Rebecca Hodges	7
Nicole Gross	10	Sara Schafer	10	Bailey Baker	9	Rachael Lefere	7
James Kolb	10	Brittany Schumacher	10	Kendall Flaughner	9	Andie Loos	7
Shelby Mottin	10	Rachel Schwerin	10	Katelyn Jensen	9	Madison Lorenz	7
Emily Steffke	10	Karleen Sharrar	10	Loura Plummer Diaz	9	Caitlyn Matthews	7
William Chilman	9	Jenna Theisen	10	Kyla Pung	9	Wyatt McCoy	7
Tucker Gross	9	Jaclyn Woodbury	10	Jessica Starr	9	Amanda McMullen	7
Kaylee Nelson	9	Lauren Beltinck	9	Lilia Steffke	9	Ashley Reihl	7
Rachel Pung	9	Hailey Carson	9			Aaron Schafer	7
Emily Schripsema	9	Trevor Embrey	9			Lucas Schumacer	7
Erica Sheahan	9	Andrea Esch	9			Kollin Sharrar	7
Hannah Steffke	9	Ian Hoogerhyde	9			Isabelle Steffke	7
		Paige Lorenz	9			Shelby Trevino	7
<b>3.5 -3.99 GPA</b>	<b>Gr.</b>	Sarah Lorenz	9			Lauren Turner	7
Bo Carrick	12	Alexia Lynch	9			Mackenzie Yuncker	7
Elton Clark	12	Jacob Matthews	9			<b>3.0-3.49 GPA</b>	<b>Gr.</b>
Juliann Handziak	12	Bradley Moore	9			Nathan Cotter	8
Mikayla Jones	12	Sarah Reihl	9			Trey Ferguson	8
Margaret Kolb	12	Chase Rollin	9	<b>4.00 GPA</b>	<b>Gr.</b>	Tyrel Hoover	8
Megan Ley	12	Apollo Schafe	9	Madeline Fike	8	Kodie Keller	8
Rachael Lorenz	12	Eric Schafer	9	Samantha Garrett	8	Ciara Lawens	8
Rebecca Master	12	Ethan Schafer	9	Natalie Gross	8	William Freeman	8
Nicholas Reeves	12	Noah Schafer	9	Nathan Horsley	8	David Miles	8
Kimberly Rowe	12	Samuel Steffke	9	Eric Maxon	8	Skyler Norbury	8
Margini Schafer	12	Phoenix Vavzincak	9	Ryan Powell	8	Mackenzie Schneider	8
Nathan Schafer	12	Emma Yuncker	9	Grace Rau	8	Daniel Smith	8
Sam Schafer	12			David Reihl	8	Tristan Smith	8
Sophia Schumacher	12	<b>3.0-3.49 GPA</b>	<b>Gr.</b>	Zoe, Zuehlke	8	James Dietsch	7
Joshua Sharrar	12	Charles Clark	12	Jason Clark	7	Nathan Finnerty	7
Ashley Steffke	12	Manisha Cole	12	Nicholas Freeze	7	William Lambourn	7
Chase Brown	11	Chance Craven	12	Madeline Steffke	7	Gabe Natzel	7
Jordan Carson	11	Aaron Galinski	12			Max Nelson	7
Nicholas Hoogerhyde	11	Jade Kennedy	12	<b>3.5 -3.99 GPA</b>	<b>Gr.</b>	Nathaniel Reihl	7
Hayden Huber	11	Alexis McLachlan	12	Navid Cole	8	Ryan Schafer	7
Garrett Schafer	11	Cory Mead	12	Courtney Cotter	8	Charles Schwerin	7
Jena Schafer	11	Justin Puhlman	12	McKenzie Eiseler	8	Brett Upton	7
Melanie Schafer	11	Joseph Rau	12	Brenda Faber	8	Miles Vondoloski	7
Patrick Schafer	11	Olivia Smith	12	Natalie Finnerty	8	Zachary Yoder	7
Ryan Tilmann	11	Miranda Steffke	12	Tristen Gott	8		
Makenzy Burman	10	Trenten Armstrong	11				

## MIDDLE SCHOOL HONOR ROLL SECOND SEMESTER

## SKILLS FOR SUCCESS

Research shows most successful students network with teachers, actively engage and get involved in some type of organization, and utilize resources available to them like tutoring and following five simple steps:

1. Get to class on time
2. Be prepared for class
3. Participate in class
4. Turn work in on-time
5. Study when not in school

Time management is a huge part of being successful. Being organized can lead to more efficient production.

For instance:

- A. Create a weekly plan on a calendar
- B. Organize your activities using a daily list
- C. Prioritize what should be completed first and get it done
- D. Do not procrastinate

1. Consequences of procrastinating = Impact on other priorities / Lower grades / Stress & Anxiety
2. Rewards of not procrastinating = Lower Stress & Anxiety / Time to do more of what you enjoy / Better grades

How to manage test anxiety:

- Be prepared – Don't leave studying until the night before. Studying and reviewing everyday will help you learn and remember the material easily. Also, talking with your teacher will help you determine the best way to focus and learn the material.
- Use a Routine – Whether it is doing the test backwards, writing the essay first, or looking through the test completely, divide your time adequately, do all the questions you know first. Do what works for you!
- Avoid downers – “There is too much material to learn” “The questions are too hard” “The teacher never gives A's” Make decisions with an open mind.
- Don't Cheat – Spend your time preparing and actually learning the material.
- Find ways to relieve stress – School is a fact of life, so prepare and work hard. Exercise, Meditate, Take study breaks, and make learning fun!

What type of learner are you?

- VISUAL = Learns best using maps, diagrams, charts, graphs, flow charts, etc. Does not include movies, videos, or PowerPoint. They use designs, patterns and shapes to help highlight and convey information.
- MULTI-MODAL = Learners who do not have a standout mode with one preference above another. These students prefer different options in how they give and receive information (they need differentiated instruction).
- AUDITORY = Learns best receiving information that is heard or spoken. Students like lectures, tutorials, tapes, group discussion, email, web chats, etc. Includes talking out loud and or talking to self. Students often want to sort things out by speaking.
- KINESTHETIC = Learns best by moving, doing, and touching. Students may like to take notes for the sake of doing something. They may use color highlighters and take notes by drawing pictures, diagrams and doodling. They may find it difficult to sit still for long periods of time.
- READING / WRITING = Learns best when information is displayed as words. Strongly used in college. Emphasizes text-based input and output. These people love lists, PowerPoint, Internet, Dictionaries, Quotations, etc.

Master studying by studying smarter, not harder.

1. Be active. Ask yourself questions, review your notes regularly and discuss key concepts with peers and/or your teacher.
2. Find a study location with characteristics you prefer (e.g. music, friends, temperature, food, etc.)
3. Study in chunks. Focus for 30-50 minute periods followed by a short 5-10 minute break.

# BEAL CITY BANDS



“...IN HARMONY WITH THE HOME AND COMMUNITY...”

## **THANK YOU TO THE FOOLISH DREAMS BAND**

The rockin’ men of The Foolish Dreams Band recently made a generous \$200 donation to TEMPO Club and the Beal City Bands. Gentlemen, thanks for not only supporting your kids, but all the kids of the Beal City Bands. You are proof that music lives on in the hearts and minds beyond school days!

## **AN ENGLISH TEA**

Despite the crazy weather, the Beal City Bands were able to host An English Tea on Wednesday, January 30. Numerous varieties of traditional and flavored teas were served along side some of the most delightful food prepared by Diane Fussman! Students, faculty and several community members enjoyed the refined meal, a pictorial presentation of England and Scotland and charming company.

## **SWISS STEAK DINNER**

Save the date! **Saturday, April 20th** will be the date of the Beal City Bands/TEMPO Club Annual Swiss Steak Dinner! Enjoy an evening of delicious food and fantastic company supporting our inspiring student musicians!

## **AGGIE ON SPIRIT SHIRTS**

Get your “Keep Calm and Aggie On” spirit shirts! Available in youth and adult sizes; \$7 royal blue shirts - Contact Mr. Lowe at [jlowe@bealcitieschools.net](mailto:jlowe@bealcitieschools.net)

## **MSBOA JAZZ FESTIVAL**

Due to inclement weather, CMU cancelled their annual Jazz Weekend. In an effort to receive high-quality evaluation and performance feedback, the Jazz Band will be attending MSBOA Jazz Festival in late March. Be on the lookout for times and dates that affect your student!



**KEEP  
CALM  
AND  
AGGIE  
ON**

**\$7**

# SOLO & ENSEMBLE

## CONGRATULATIONS TO ALL PARTICIPANTS AT MSBOA DISTRICT V HIGH SCHOOL SOLO & ENSEMBLE FESTIVAL!

Seventeen BCHS students, comprising 11 distinct events, ventured to Owosso on Saturday, February 16. This year, Beal City brought as many or more students as larger districts such as Frankenmuth, Merrill and Saginaw Swan Valley! Four events received a second division, while seven events garnered a first division. A first division rating qualifies these students to participate at State Solo & Ensemble Festival in March!



STUDENTS	EVENTS	RESULT
Charlie Clark, Ian Hoogerhyde, Melanie Schafer	Brass Trio	First Division
Lauren Beltinck, Emily Steffke, Hannah Steffke, Alexis Thompson	Flute Quartet	Second Division
Lauren Beltinck, Kaylee Nelson	Woodwind Duet	Second Division
Gage Bennett, Brendan Carrick, Justin Garrett, James Kolb, Joe Marchiando	Percussion Quintet	First Division
Emily Steffke	Piano Solo	First Division
Mikaela Cotter, Maggie Kolb, Emily Schafer	Alto Sax Trio	Second Division
Maggie Kolb, Hannah Neyer	Woodwind Duet	Second Division
Maggie Kolb	Alto Sax Solo	First Division
Emily Steffke	Flute Solo	First Division



Mark Your Calendar!  
Aggie Football Fundraiser!  
Friday, March 15, 2013  
Doors open at 5:00 p.m.  
Beal City KC Hall  
Dinner, 50/50 and More!

Menu: Fettuccine Alfredo, Baked Spaghetti, Homemade Macaroni & Cheese, Roasted Redskin Potatoes, Baked Beans, Corn, Salads, Rolls, Desserts & Drinks!

Ticket Prices:  
12 and older - \$10.00  
6-11 - \$7.00  
5 and Under – Free

Contact Diane Fussman for tickets or questions: 775-5527  
Tickets available in advance or at the door.



# SPAGHETTI DINNER

**Time: 5:00 to 7:00**

**Date: Thursday March 21, 2013**

**Place: Beal City Cafeteria**

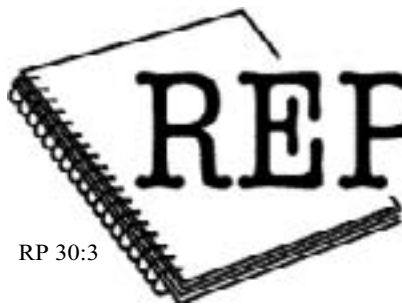
**Cost: \$7.00 for adults, \$5.00  
for kids ages 5-12, Pre-  
schoolers Free**

**\*All You Can Enjoy\***



Meal includes spaghetti  
and meat sauce, salad,  
drink (milk, lemonade, or  
coffee) and dessert.

Hosted by the Beal City  
Varsity and JV baseball  
teams.



# REPORT to PARENTS

RP 30:3

## Managing Your Child's Health Issues at School

When your child has a health issue, it is absolutely essential that you and the school work together as a team. Here are some of the essentials you need to know to make that work on behalf of your child:

**Develop your own school management plan.** Each medical issue carries with it its own set of “management” needs. For example, if your child has diabetes, you will need to outline your child’s insulin schedule, eating plan, target range, and testing times, as well as how to recognize and treat blood sugar crises. The same type of detailed information—what personnel need to look for, what should be done, what follow-up is needed—should be completed for every health issue, from epilepsy to asthma.

**Know who to tell.** Clearly, the school nurse and classroom teacher need to be aware of your child’s specific medical needs. Depending on your child’s condition, other staff, including cafeteria workers, coaches, and playground supervisors, may also need to be kept in the loop so they can properly respond to a situation or help prevent one from occurring.

**Keep up-to-date.** Make sure that the medical information on file at your child’s school is up-to-date. Ensure that all medical supplies needed are on-hand, both for routine monitoring (e.g., for diabetes) or emergency care (e.g., inhalers or Epi-pens). And work with the school nurse to make sure you are kept informed, well in advance, if any supplies need restocking.

**Create an IEP.** The same planning used for accommodating children with disabilities can be applied to children with medical issues. Work with the school to create a written plan, detailing the school’s role in your child’s care, noting any special accommodations the school may need to make. Get academic support: Make sure that teachers

understand that your child may occasionally need to miss class because of his or her condition. Discuss how your child will make up for missed work.

**How to deal with curious classmates.** Children are curious about anything that’s out of the ordinary—and, when your child has a health issue, it is very likely that classmates will sense it. Role-play with your child to help him or her anticipate the types of questions others might ask and how best to answer them.

**It’s not contagious.** Once children know that your child didn’t “catch” his or her condition, that it’s under control, and that there’s no way it can be passed on to other children, the topic usually loses its interest, allowing your child to blend back in with classmates.

**Turn to the experts.** Virtually every childhood condition or disease has an excellent advocacy organization, such as the Juvenile Diabetes Foundation or Epilepsy Foundation, which offers educational materials targeted to school-age children. If you feel it would be helpful to provide classmates with additional information, contact the

organization and request materials to share with the class.

**Be available.** Be sure that the school nurse and teacher have your cell phone, home phone, or other contact information available, as well as the numbers of others who are qualified to act on your behalf in the case of an emergency.

**Don’t panic.** It can be difficult to know that your child is in school all day—away from you and others who may monitor his or her condition closely. Understand that many, many children are dealing with the same issues, and that learning to deal with their diseases independently (with the oversight of school nurses and others) is important to helping them grow up healthy and strong.



# MENU

February 25 – March 1, 2013

**Monday: Breakfast** – french toast sticks or cereal, syrup, cheese stick, fruit and milk. **Lunch** – bbq pork/bun or popcorn chicken, dinner roll, green beans, garden bar, fruit and milk.

**Tuesday: Breakfast** – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – chili or beef/cheddar on a bun, crackers, slice of bread/butter, broccoli, fruit and milk.

**Wednesday: Breakfast** – granola bar or cereal, yogurt, fruit and milk. **Lunch** – sausage bagel pizza or scrambled eggs/ham, hashbrown, muffin, fruit, juice and milk.

**Thursday: Breakfast** – bagel sausage pizza or cereal, fruit, and milk. **Lunch** – nachos/meat and cheese or totally tacos, refried beans, garden bar, fruit and milk.

**Friday: Breakfast** – pretzel/cheese or cereal, yogurt, juice and milk. **Lunch** – Big Daddy's cheese pizza, carrots, garden bar, fruit and milk.

March 4 – March 8, 2013

**Monday: Breakfast** – cinnamon bun sticks w/icing or cereal, yogurt, fruit and milk. **Lunch** – chicken strips w/breadstick, cucumbers, garden bar, fruit and milk.

**Tuesday: Breakfast** – breakfast hot pocket or cereal, fruit, and milk. **Lunch** – corn dog nuggets or hamburger/bun, sweet potato fries, garden bar, fruit and milk.

**Wednesday: Breakfast** – scrambled eggs/ham or cereal, hashbrown, fruit and milk. **Lunch** – chicken quesadilla or chili cheese wrap, refried beans, garden bar, fruit and milk.

**Thursday: Breakfast** – breakfast pizza or cereal, fruit and milk. **Lunch** – hot turkey sandwich with mashed potatoes and gravy or meat combo/bun w/cheese, garden bar, fruit and milk.

**Friday: Breakfast** – muffin or cereal, sausage links, juice and milk. **Lunch** – grilled cheese sandwich w/tomato soup or chicken patty/bun, corn, garden bar, fruit and milk.

March 11 – 15, 2013

**Monday: Breakfast** – french toast sticks or cereal, syrup, cheese stick, fruit and milk. **Lunch** – stuffed crust pepperoni pizza, vegetable, garden bar, fruit and milk.

**Tuesday: Breakfast** – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – sloppy jo/bun or grilled chicken sandwich, vegetable, garden bar, fruit and milk.

**Wednesday: Breakfast** – granola bar or cereal, yogurt, fruit and milk. **Lunch** – breakfast pizza or breakfast hot pocket, hashbrown, cheesestick, fruit and milk.

**Thursday: Breakfast** – bagel sausage pizza or cereal, fruit, and milk. **Lunch** – taco or chicken fajita, refried beans, garden bar, fruit and milk.

**Friday: Breakfast** – pretzel/cheese or cereal, yogurt, juice and milk. **Lunch** – scalloped potatoes/ham w/dinner roll or fish sandwich, vegetable, garden bar, fruit and milk.

March 18 - 22, 2013

**Monday: Breakfast** – cinnamon bun sticks w/icing or cereal, yogurt, fruit and milk. **Lunch** – tangerine chicken w/rice or pork patty sandwich, stir fry vegetables, garden bar, fruit and milk.

**Tuesday: Breakfast** – breakfast hot pocket or cereal, fruit and milk. **Lunch** – hot dog/bun or hamburger/bun, vegetable, garden bar, fruit and milk.

**Wednesday: Breakfast** – scrambled eggs/ham or cereal, hashbrown, fruit and milk. **Lunch** – chicken nuggets, dinner roll, potato smiles, vegetable, garden bar, fruit and milk.

**Thursday: Breakfast** – breakfast pizza or cereal, fruit and milk. **Lunch** – spaghetti w/meat sauce or chicken ranch salad, garlic bread, vegetable, garden bar, fruit and milk.

**Friday: Breakfast** – muffin or cereal, sausage links, juice and milk. **Lunch** – macaroni & cheese or bbq beef/bun, vegetable, garden bar, fruit and milk.

**New federal regulation changes to our menu: All students must take a fruit or vegetable with a hot lunch. Changes to the menu may be occurring over the next few months. See new Federal Regulations in the Aggie Express. Note: Menus are subject to change without notice.**

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Ave, SW, Washington D.S. 2025-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Beal City Public Schools  
3180 W Beal City Rd  
Mt. Pleasant, MI 48858

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## **Attention, Parents!**

**Bring your Middle School and High School Students to the Manufacturing Career Expo. Together you can discover why manufacturing is a great career choice!**

**When:** Wednesday, March 20, 2013

**Where:** Winding Brooke Conference Centre, Shepherd, MI

**Time:** 3:30 – 7:00 p.m.

### **Why You Should Attend...**

The Career Expo will give you a chance to explore some of the vast career opportunities the world of manufacturing has to offer your son or daughter. Information regarding scholarships sponsored by the Central Michigan Manufacturer's Association will also be available at the venue.

### **Did You Know...**

Career opportunities abound for all kinds of jobs in the advanced manufacturing industry with dozens of job titles from robotics operator to manufacturing engineer. There is something for everyone from hands on (machine operator) to high-tech (semiconductor engineer) to creative (design engineer) to scientist (pharmaceutical researcher). You can work at a manufacturing plant using your hands, in an office using computers to design parts, doing research in a lab or negotiating deals in a conference room. You can work for a large firm or a small start-up or even explore entrepreneurial opportunities.

*A recent report by Deloitte for the Manufacturing Institute, based on a survey of manufacturers, found that as many as 600,000 jobs are going unfilled.*