

Beal City Schools

Athletic Training Standing Protocol

THE FOLLOWING ARE GENERAL TREATMENT ORDERS FOR ATHLETIC INJURIES AS SEEN BY BRIAN H. LOCKE, ATC, CSCS:

1. Utilize bandaging, wrapping, taping, padding and splinting procedures for the prevention and management of injuries when signs and symptoms warrant such usage.
2. Evaluate and initiate first level care on all injuries.
3. Guidelines for referral of specific injuries:
 - a. Head:
 - i. All cases of unconsciousness or memory loss.
 - ii. All other concussion symptoms that do not resolve within 15 minutes.
 - b. Neck:
 - i. Brachial plexus injuries with motor weakness or abnormal nerve function.
 - ii. All suspected neck sprains or other serious neck injuries.
 - c. Extremities:
 - i. Suspected fractures and dislocations.
 - ii. Suspected 3rd degree sprains and strains.
 - c. All other injury conditions:
 - i. Evaluate, treat, and refer as indicated.
4. Return to activity guidelines:
 - a. Any athlete that is under the proximate care of a licensed physician must provide written documentation from a licensed physician to the certified athletic trainer in order to return to practice and competition. This documentation may contain guidelines to be used by the athletic trainer to determine readiness to return to practice and competition.
 - b. For all non-referred injuries and conditions, the athletic trainer may at his/her discretion return an athlete to competition after a full physical assessment is completed and documented.
5. Utilize appropriate rehabilitative procedures to increase range of motion, strength, and agility. Those procedures may include, but are not limited to the following: heat, cold, water, compression, ultrasound, electric stimulation, massage, traditional mobilization techniques, and exercise programs. The form of treatment may be changed in consultation with the patient's licensed physician.
6. Treatment records will be maintained on each athlete receiving any assessment, physical modality, injury care, and/or corrective exercise. Progress notes and physician orders will be part of that record, to be kept in a locked drawer at Beal City Schools.
7. Medication:
 - a. No medication may be given to an athlete by the athletic trainer.
 - b. Epi-Pen may be administered by the athletic trainer to anyone during a practice or game who is having an anaphylactic reaction. This includes those who have been identified to be allergic to specific substances as well as others who are showing the signs and symptoms of an anaphylactic reaction. Anyone receiving an Epi-Pen injection will be immediately transported to a local Emergency Room.

I therefore give my standing permission for the above allied medical professional to act in the above stated manner, under my direction for the 2007-2008 school year.

Physician Signature and Date

Athletic Trainer Signature and Date